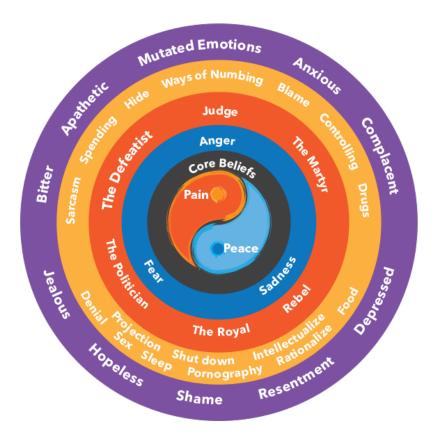
Day Five Assignment



Which circle do you find yourself struggling the most?

What steps could you take to work on that circle?

Who could you reach out to for support and encouragement?

Note: A more comprehensive exploration of the Finding Peace model can be located in the <u>Finding Peace Workbook</u> or in the <u>Finding Peace Online Course</u>.

